**Weekend Retreat Packing List**

* Clothes for 3 days
* Underwear and socks
* Pajamas
* Tennis-shoes (or closed toed shoes)
* Sandals
* Dirty clothes bag
* Bedding (twin sheets/blanket or sleeping bag)
* Pillow
* Toiletries (shampoo, soap, toothbrush/paste, hairbrush, deodorant etc.)
* Towel and wash cloth
* Medication (if needed)
* Camera
* Backpack
* Water Bottle
* Sunscreen
* Insect repellant
* Flashlight
* Coffee/Travel mug
* Cold weather gear (seasonally)
* Bible (Old and New Testaments)
* Pens/Pencils
* Notepad
* Money for camp store

**New clothing or camping items are greatly discouraged. Only pack items that will not cause undue stress if torn, stained, broken or misplaced!**